

Food Systems Solutions Webinar 2025

Healthy Diets from Sustainable and Just Food Systems

9 October 2025, 14:00 – 15:30 (CEST) | Virtual

Background

In 2025, the Hub is hosting a series of Food Systems Solutions Webinars (FSSWs), open to the public, to foster broader engagement on critical issues related to food systems transformation. Each webinar focuses on a different theme, addressing emerging challenges and opportunities within the global food systems agenda. The webinars are part of the Hub's outreach activities with the public and interested stakeholders in the food systems sector, serving as a platform to raise awareness and drive dialogue on food systems-related topics. The FSSWs build on the global commitments of the UN Food Systems process, including the second UN Food Systems Summit Stocktake (UNFSS+4), held in Addis Ababa in July 2025, and the SG Call to Action which identified six priority areas for action moving forward: (1) Urgent Delivery in Complex Settings, (2) Dialogue, Policy & Coordination, (3) Finance and Investment (4) Integration, (5) Science, Artificial Intelligence & New Technologies, (6) Intergenerational Collaboration.

Purpose of the Webinar

The webinar is co-organized by the Hub, EAT and the Coalition of Action on Healthy Diets from Sustainable Food Systems for Children and All (HDSFS). It builds on the outcomes of the UN Food Systems Summit Stocktake +4 and the commitments made at the Nutrition for Growth Summit, held in Paris in March 2025, where nearly USD \$30 billion was pledged to strengthen global nutrition. Addressing nutrition requires recognizing all forms of malnutrition (e.g., recently, the number of children struggling with disease related to obesity surpassed the still unacceptable number of children struggling with hunger). Tackling healthy diets is essential for addressing these nutrition challenges – and is a primary lever for bringing food systems within planetary boundaries, making it an essential contribution to achieving sustainable food systems. This webinar will feature the latest recommendations for a healthy reference diet (the Planetary Health Diet), food system planetary boundaries, and food system justice guardrails, as outlined in the 2025 EAT-Lancet Commission report— a peer-reviewed scientific document developed by leading global experts in nutrition, health, sustainability, and policy.

Discussions will emphasize the potential of healthy diets to prevent up to 15 million deaths annually while tackling all forms of malnutrition, explore how aligning with national food-based dietary guidelines can influence consumption, production, and trade, and support countries and stakeholders in developing integrated pathways toward healthier, more sustainable, and just food systems. Additionally, the webinar will highlight other global initiatives that bring together nutrition, biodiversity, and climate agendas to promote sustainable diets and a healthier planet. As a complement to the Commission, policy practitioners from nearly forty countries have engaged in a Summary For and With Policy Makers, which will officially be launched at the 53rd Plenary Session of the Committee on World Food Security (CFS) in October this year. The webinar invites a selection of these countries to speak about the pathways they are establishing and how they are utilizing these guidelines to develop, adapt, and track their actions.

Agenda

2 min	Welcome Ms Lena Savelli , Deputy Director, UN Food Systems Coordination Hub
5 min	Opening remarks Ms Nancy Aburto , Deputy Director, Food and Nutrition Division, FAO
20 min	Keynote presentation Dr Fabrice DeClerck , EAT Chief Science Officer and Senior Scientist with the Alliance of Bioversity and CIAT of the CGIAR, on the 2025 EAT- Lancet recommendations for healthy, sustainable and just food systems
30 min	Reflections from panel of stakeholders Moderator: Ms Amanda Harding , Founder and CEO, Convene, France. ● Ms Lynnette Neufeld, Director, Food and Nutrition Division, FAO ● Dr. Sisay Sinamo, Ministry of Health, Ethiopia ● Mr. Faiz Rasool, Head of Policy and Advocacy, Global Alliance for Improved Nutrition Representative, Pakistan ● Ms. Yvonne Mavhunga, Director of Programmes, Food & Nutrition Council, Office of the President and Cabinet, Zimbabwe. ● Mr. Savio da Silva Costa, Ministry for Social Development and Assistance, Family and Fight Against Hunger, Brazil ● Mr. Mathews Mhuru, Deputy Director, National Food and Nutrition Commission, Zambia
30 min	Q&A segment
3 min	Closing remarks Ms Lena Savelli , Deputy Director, UN Food Systems Coordination Hub

Registration link: <http://bit.ly/41Cuf5X>